

## Smoking Motives

*This next set of questions tells us what you are likely to miss most about smoking when you stop.*

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1.	Do you use smoking to help you cope with stress? <i>(Circle one response)</i>	Yes very much	5
		Yes quite a bit	4
		Yes a little	3
		Not really	2
		Not at all	1
2.	Do you use smoking to help you socialise? <i>(Circle one response)</i>	Yes very much	5
		Yes quite a bit	4
		Yes a little	3
		Not really	2
		Not at all	1
3.	Do you use smoking to give you something to do when you are bored? <i>(Circle one response)</i>	Yes very much	5
		Yes quite a bit	4
		Yes a little	3
		Not really	2
		Not at all	1
4.	Do you use smoking to help you to concentrate and stay alert? <i>(Circle one response)</i>	Yes very much	5
		Yes quite a bit	4
		Yes a little	3
		Not really	2
		Not at all	1
5.	Do you smoke because you feel uncomfortable if you don't? <i>(Circle one response)</i>	Yes very much	5
		Yes quite a bit	4
		Yes a little	3
		Not really	2
		Not at all	1
6.	Do you use smoking to help you to keep your weight down? <i>(Circle one response)</i>	Yes very much	5
		Yes quite a bit	4
		Yes a little	3
		Not really	2
		Not at all	1
7.	Do you enjoy smoking? <i>(Circle one response)</i>	Yes very much	5
		Yes quite a bit	4
		Yes a little	3
		Not really	2
		Not at all	1

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