# GOLD STANDARD MONITORING FORM

*(INSERT SERVICE NAME & ADDRESS) STOP SMOKING SERVICE*

*Note: All patient data will be kept securely and in accordance with Caldicott guidelines.*

## ADVISOR DETAILS

<table>
<thead>
<tr>
<th>Advisor Name</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact tel. no.</td>
<td>Advisor code/ref</td>
</tr>
</tbody>
</table>

## CLIENT DETAILS

<table>
<thead>
<tr>
<th>Surname</th>
<th>First name</th>
<th>Mr</th>
<th>Mrs</th>
<th>Ms</th>
<th>other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address</td>
<td>NHS ID no.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Daytime tel. no.</td>
<td>Mobile no.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Alternative contact number (friend/relative)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date of birth</th>
<th>Age (in years)</th>
<th>Gender</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exempt from prescription charge</td>
<td>record here only those are able to prove that they are eligible to receive free prescriptions</td>
<td>Yes</td>
<td>No</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Pregnant</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breastfeeding</td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>

### Occupation code

- [ ] Full-time student
- [ ] Home carer (unpaid)
- [ ] Intermediate
- [ ] Unable to code
- [ ] Never worked/unemployed over a year
- [ ] Sick/disabled and unable to work
- [ ] Routine manual
- [ ] Retired
- [ ] Managerial/professional
- [ ] Prisoner

### ETHNIC GROUP

(a) White

- [ ] British
- [ ] Irish
- [ ] Other white background

(b) Mixed

- [ ] White and Black Caribbean
- [ ] White and Black African
- [ ] White and Asian
- [ ] Any other mixed background

(c) Asian or Asian British

- [ ] Indian
- [ ] Pakistani
- [ ] Bangladeshi
- [ ] Other Asian background

(d) Black or Black British

- [ ] Caribbean
- [ ] African
- [ ] Other Black background

(e) Other ethnic groups

- [ ] Chinese
- [ ] Other ethnic group

(f) Not stated

- [ ] Not stated

### HOW CLIENT HEARD ABOUT THE SERVICE

- [ ] GP
- [ ] Friend/relative
- [ ] Pharmacy
- [ ] Other health professional
- [ ] Advertising
- [ ] Other (please specify)

<table>
<thead>
<tr>
<th>Agreed quit date</th>
<th>Date of last tobacco use</th>
<th>Date of 4-week follow-up</th>
</tr>
</thead>
</table>

Continued overleaf >>
### INTERVENTION SETTING

- Community setting
- Community psychiatric setting
- Hospital setting
- Psychiatric hospital setting
- Pharmacy setting
- Dental setting
- General practice setting
- Maternity setting
- Children's centre setting
- Education setting
- Prison setting
- Military base setting
- Workplace setting
- Other setting (please describe)

### TYPE OF INTERVENTION DELIVERED

For the purpose of data capturing, the intervention type is the one chosen at the point the client sets a quit date and consents to treatment.

- Closed group
- Couple / family
- Other (please specify)
- Telephone support
- One-to-one support
- Drop-in clinic

### TYPE OF LICENSED PHARMACOLOGICAL SUPPORT USED

(please tick all relevant boxes)

- Single NRT
- Combination NRT
- Champix
- Zyban
- None

Where more than one pharmacotherapy has been used were these:

- Used at the same time
- Used consecutively (i.e. the client switched use as part of a single quit attempt but not used at the same time)

**NRT products used** (only complete if the client used either single or combination NRT)

- Patch
- Nasal spray
- Inhalator

- Gum
- Mouth spray
- Microtab

- Lozenge
- Oral strips

### USE OF UNLICENSED NICOTINE CONTAINING PRODUCT (NCP)

Unlicensed NCP (e.g. unlicensed e-cigarette) used:  

- Yes
- No

If yes was this:

- Used instead of licensed medication
- Used at the same time as licensed medication
- Used consecutively to licensed medication (i.e. the client switched use as part of a single quit attempt but not used at the same time)

### TREATMENT OUTCOME

- Not quit
- Lost to follow-up
- Quit self-reported
- Quit CO verified

Advisor signature

Client signature

(indicating consent to treatment and the sharing of outcome data with the GP.
Data may also be used for follow-up and service review purposes including by a third party where applicable).
Notes

1. Location/setting should be one of the following: stop smoking services, pharmacy, prison, primary care, hospital ward, dental practice, military base setting or other.

2. A client is classified as long term unemployed if they have currently been unemployed for one year or more. If unemployed for less than a year, last known occupation should be used for classification.

3. Home carer – i.e. looking after children, family or home.

4. If a client is self-employed please use the flowchart below to determine classification.

5. Supervisor or Foreman is responsible for overseeing the work of other employees on a day-to-day basis.

6. Managerial and professional occupations include: accountant, artist, civil/mechanical engineer, medical practitioner, musician, nurse, police officer (sergeant or above), physiotherapist, scientist, social worker, software engineer, solicitor, teacher, welfare officer; those usually responsible for planning, organising and co-ordinating work or finance.

7. Intermediate occupations include: call centre agent, clerical worker, nursing auxiliary, nursery nurse, office clerk, secretary.

8. Routine and manual occupations include: electrician, fitter, gardener, inspector, plumber, printer, train driver, tool maker, bar staff, caretaker, catering assistant, cleaner, farm worker, HGV driver, labourer, machine operative, mechanic, messenger, packer, porter, postal worker, receptionist, sales assistant, security guard, sewing machinist, van driver, waiter/waitress.

9. The ‘prisoner’ occupation category has been introduced for collections from 2009/10 onwards in an effort to reduce the number of clients recorded under ‘unable to code.’ With the exception of prison staff, clients treated in prisons should all be recorded as prisoners.

For further assistance in determining socio-economic classifications please see the flowchart below. If you are still unable to establish this, please record as unable to code.