

## Changes to the local stop smoking services quarterly data return for 2014–15

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### Background

Since 1999 treatment and outcome data from local stop smoking services has been collected on a quarterly basis. The stop smoking service data return, submitted to, analysed and published by the Health and Social Care Information Centre (HSCIC), provides an invaluable insight to the activities of stop smoking services across England that is essential for effective local planning as well as broader policy, delivery and research developments.

Whilst the collection is now voluntary, every local area is strongly encouraged to continue providing this data to sustain what has become a hugely important resource for tracking trends at national, regional and local levels.

Previous data reports can be accessed here:

<http://www.hscic.gov.uk/searchcatalogue?topics=2%2fPublic+health%2flifestyle%2fSmoking&sort=Relevance&size=10&page=1#top>

This briefing provides details of a small number of changes that are being made to the collection from the 1st April 2014 and is supplementary to the notification already provided via the HSCIC.

This document has been produced in partnership with Public Health England.

### Changes for 2014–15

In 2013 the data collection underwent a review and local areas were given the opportunity to comment on proposed changes. The response received was overwhelmingly positive and confirmed that making such changes for 2014–15 was the right thing to do.

Whilst there were some requests for a far more progressive change to the collection, in an effort to reduce any potential extra burden on commissioners or providers of local stop smoking services, the final changes were kept to a minimum.

The main reasons for the changes outlined in the remainder of this document were;

1. To update and improve the data collected in the use of licensed nicotine containing products;<sup>1</sup>
2. To capture data relating to the use of unlicensed nicotine containing products by those accessing services and;
3. To clarify the information required for intervention setting and eligibility for free prescriptions.

The following changes will come into effect from 1st April 2014. A revised Gold Standard Monitoring Form is provided in Appendix A.

### Eligibility to free prescriptions

#### **Part 1D Number of people setting a quit date and successful quitters receiving free prescriptions.**

There will be the addition of a clarifying statement which will read:

“Record here only those who are able to prove that they are eligible to receive free prescriptions.”

This will bring the collection in line with other services that require the collection of a prescription charge. Any person who cannot prove their exemption should be issued with a charge and the burden of proof then lies with them to prove their exemption to the appropriate collecting organisation.

1. Currently only relates to nicotine replacement therapy (NRT) products until such point as additional nicotine containing products are licensed

### Recording of licensed pharmacotherapy and unlicensed nicotine containing product use

**Part 1F: Number of people setting a quit date and successful quitters by pharmacotherapy treatment received will now read as follows. Further explanation for each point is provided in italics.**

51. Number who received a single licensed nicotine containing product only  
*Total number of people using only one form of NRT or licensed nicotine containing product at any one point during their quit attempt.*
52. Number who received a combination of licensed nicotine containing products concurrently  
*Total number of people using two or more forms of NRT or licensed nicotine containing product at the same time during their quit attempt.*
53. Number who received bupropion (Zyban) only  
*Total number of people using bupropion (Zyban) only during their quit attempt.*
54. Number who received varenicline (Champix) only  
*Number who received varenicline (Champix) only.*
55. Number who received a licensed nicotine containing product and/or bupropion (Zyban) and/or Champix (Varenicline) consecutively  
*Total number of people who switched between any or all of the following during a single quit attempt but did not use them at the same time: a licensed nicotine containing product, varenicline (Champix), bupropion (Zyban).*
56. Number who used a combination of a licensed medication and an unlicensed Nicotine Containing Product concurrently  
*Total number of people who used a licensed medication (such as NRT, varenicline (Champix) or bupropion (Zyban)) at the same time as an unlicensed nicotine containing product (such as unlicensed electronic cigarettes) during their quit attempt.*

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57. Number who used a licensed medication and an unlicensed Nicotine Containing Product consecutively

*Total number of people who started using either a licensed medication (such as NRT, varenicline (Champix) or bupropion (Zyban)) or an unlicensed nicotine containing product (such as unlicensed electronic cigarettes) and then switched to the other during a single quit attempt and did not use them at the same time.*

58. Number who used an unlicensed Nicotine Containing Product only

*Total number of people who only used an unlicensed nicotine containing product (such as unlicensed electronic cigarettes) and no licensed medication during their quit attempt.*

59. Number who did not use any licensed medication or unlicensed Nicotine Containing Product

*Total number of people who did not receive or use any form of stop smoking medication or unlicensed nicotine containing product (such as unlicensed electronic cigarettes) at any point during their quit attempt.*

60. Number where treatment option not known

*Total number of people where a treatment option was not recorded during their quit attempt.*

### Recording of intervention setting

Some of the current intervention setting options included in the data collection, Stop Smoking Service for example, have been ambiguous and as such, there has been some variation in the information previously recorded.

These revised options have been set to remove ambiguity and allow the capture of interventions specifically directed to those in psychiatric, maternity and school settings. The option for recording three other settings will remain as part of this list.

Whilst this section does not capture data on a per provider basis, areas are encouraged to continue to monitor individual provider outcomes at a local level where these can be more readily utilised to improved service delivery.

**Part 1H: Number of people setting a quit date and successful quitters by intervention setting will now read as follows. Further explanation for each point is provided in italics.**

72. Community setting

*Any primary care setting that is not described by any of the options below including where the intervention is delivered in the client's own home*

73. Community psychiatric setting

*Any primary care psychiatric setting that is not described by any of the options below including where the intervention is delivered in the client's own home*

74. Hospital setting

*Any treatment delivered in a secondary care setting, be this inpatient, outpatient, ward or clinic*

75. Psychiatric hospital setting

*Any treatment delivered in a psychiatric secondary care setting, be this inpatient, outpatient, ward or clinic*

76. Pharmacy setting

*Any treatment delivered from a pharmacy setting*

77. Dental setting

*Any treatment delivered from a dental setting*

78. General practice setting

*Any treatment delivered from a general practice setting*

79. Maternity setting

*Any treatment delivered in a maternity setting*

80. Children's centre setting

*Any treatment delivered in a children's centre setting*

81. School setting

*Any treatment delivered in a school setting*

82. Prison setting<sup>2</sup>

*Any treatment delivered in a prison setting*

83. Military base setting

*Any treatment delivered on a military base*

84. Workplace setting

*Any treatment delivered in a workplace setting*

85. Other (please describe)

86. Other (please describe)

87. Other (please describe)

*To include any other settings not covered by the above descriptions*

## Financial information

Finally, part 2 of the form *summary financial information* on smoking cessation services has been restructured to represent the improved ability to record costs of pharmacotherapies associated directly with service provision.

2. There has been some discussion regarding the continued recording of information under the prison setting as these services will be commissioned through NHS England and report through separate systems. However, it has been decided that until these systems are established the continued submission of such data in this collection will be possible.

### Appendix A: Gold Standard Monitoring Form

Overleaf is an example monitoring form that local areas may wish to use in order to capture the *minimum* information about the clients they treat and service outcomes. However, it is recognised that many areas will wish to adapt or incorporate the relevant changes into their own existing forms to capture a higher level of detail such as medical conditions, other medication use, Fagerström score, session notes etc.

### GOLD STANDARD MONITORING FORM

(INSERT SERVICE NAME & ADDRESS) STOP SMOKING SERVICE

Note: All patient data will be kept securely and in accordance with Caldicott guidelines.

ADVISOR DETAILS	
Advisor Name	Venue
Contact tel. no.	Advisor code/ref

CLIENT DETAILS			
Surname	First name	<input type="checkbox"/> Mr <input type="checkbox"/> Mrs <input type="checkbox"/> Ms <input type="checkbox"/> other	
Address			
Postcode	NHS ID no.		
Daytime tel. no.	Mobile no.		
Alternative contact number (friend/relative)			
Date of birth	Age (in years)	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	
Exempt from prescription charge – record here only those are able to prove that they are eligible to receive free prescriptions <input type="checkbox"/> Yes <input type="checkbox"/> No			
Pregnant <input type="checkbox"/> Yes <input type="checkbox"/> No	Breastfeeding <input type="checkbox"/> Yes <input type="checkbox"/> No		
Occupation code (see notes on page 3 for further information)			
<input type="checkbox"/> Full-time student	<input type="checkbox"/> Never worked/unemployed over a year	<input type="checkbox"/> Retired	
<input type="checkbox"/> Home carer (unpaid)	<input type="checkbox"/> Sick/disabled and unable to work	<input type="checkbox"/> Managerial/professional	
<input type="checkbox"/> Intermediate	<input type="checkbox"/> Routine manual	<input type="checkbox"/> Prisoner	
<input type="checkbox"/> Unable to code			

ETHNIC GROUP (please tick relevant group)		
<b>a. White</b> <input type="checkbox"/> British <input type="checkbox"/> Irish <input type="checkbox"/> Other white background	<b>b. Mixed</b> <input type="checkbox"/> White and Black Caribbean <input type="checkbox"/> White and Black African <input type="checkbox"/> White and Asian <input type="checkbox"/> Any other mixed background	<b>c. Asian or Asian British</b> <input type="checkbox"/> Indian <input type="checkbox"/> Pakistani <input type="checkbox"/> Bangladeshi <input type="checkbox"/> Other Asian background
<b>d. Black or Black British</b> <input type="checkbox"/> Caribbean <input type="checkbox"/> African <input type="checkbox"/> Other Black background	<b>e. Other ethnic groups</b> <input type="checkbox"/> Chinese <input type="checkbox"/> Other ethnic group	<b>f. Not stated</b> <input type="checkbox"/> Not stated

HOW CLIENT HEARD ABOUT THE SERVICE (please tick relevant box)			
<input type="checkbox"/> GP	<input type="checkbox"/> Friend/relative	<input type="checkbox"/> Pharmacy	<input type="checkbox"/> Other health professional
<input type="checkbox"/>	<input type="checkbox"/> Advertising	Other (please specify)	

Agreed quit date	Date of last tobacco use	Date of 4-week follow-up
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Continued overleaf >>

INTERVENTION SETTING		
<input type="checkbox"/> Community setting	<input type="checkbox"/> Dental setting	<input type="checkbox"/> Prison setting
<input type="checkbox"/> Community psychiatric setting	<input type="checkbox"/> General practice setting	<input type="checkbox"/> Military base setting
<input type="checkbox"/> Hospital setting	<input type="checkbox"/> Maternity setting	<input type="checkbox"/> Workplace setting
<input type="checkbox"/> Psychiatric hospital setting	<input type="checkbox"/> Children's centre setting	<input type="checkbox"/> Other setting (please describe)
<input type="checkbox"/> Pharmacy setting	<input type="checkbox"/> Education setting	

TYPE OF INTERVENTION DELIVERED		
For the purpose of data capturing, the intervention type is the one chosen at the point the client sets a quit date and consents to treatment		
<input type="checkbox"/> Closed group	<input type="checkbox"/> Telephone support	<input type="checkbox"/> Open (rolling) group
<input type="checkbox"/> Couple/ family	<input type="checkbox"/> One-to-one support	<input type="checkbox"/> Drop-in clinic
<input type="checkbox"/> Other (please specify)		

TYPE OF LICENSED PHARMACOLOGICAL SUPPORT USED (please tick all relevant boxes)		
<input type="checkbox"/> Single NRT	<input type="checkbox"/> Combination NRT	<input type="checkbox"/> Champix
<input type="checkbox"/> Zyban	<input type="checkbox"/> None	
<b>Where more than one pharmacotherapy has been used were these:</b>		
<input type="checkbox"/> Used at the same time		
<input type="checkbox"/> Used consecutively (i.e. the client switched use as part of a single quit attempt but not used at the same time)		
<b>NRT products used (only complete if the client used either single or combination NRT)</b>		
<input type="checkbox"/> Patch	<input type="checkbox"/> Gum	<input type="checkbox"/> Lozenge
<input type="checkbox"/> Nasal spray	<input type="checkbox"/> Mouth spray	<input type="checkbox"/> Oral strips
<input type="checkbox"/> Inhalator	<input type="checkbox"/> Microtab	

USE OF UNLICENSED NICOTINE CONTAINING PRODUCT (NCP)
Unlicensed NCP (e.g. unlicensed e-cigarette) used: <input type="checkbox"/> Yes <input type="checkbox"/> No
<b>If yes was this:</b>
<input type="checkbox"/> Used instead of licensed medication
<input type="checkbox"/> Used at the same time as licensed medication
<input type="checkbox"/> Used consecutively to licensed medication (i.e. the client switched use as part of a single quit attempt but not used at the same time)

TREATMENT OUTCOME
<input type="checkbox"/> Not quit <input type="checkbox"/> Lost to follow-up <input type="checkbox"/> Quit self-reported <input type="checkbox"/> Quit CO verified

Advisor signature

Client signature

(indicating consent to treatment and the sharing of outcome data with the GP.  
Data may also be used for follow-up and service review purposes including by a third party where applicable).

### Notes

1. Location/setting should be one of the following: stop smoking services, pharmacy, prison, primary care, hospital ward, dental practice, military base setting or other.
2. A client is classified as long term unemployed if they have currently been unemployed for one year or more. If unemployed for less than a year, last known occupation should be used for classification.
3. Home carer – i.e. looking after children, family or home.
4. If a client is self-employed please use the flowchart below to determine classification.
5. Supervisor or Foreman is responsible for overseeing the work of other employees on a day-to-day basis.
6. Managerial and professional occupations include: accountant, artist, civil/mechanical engineer, medical practitioner, musician, nurse, police officer (sergeant or above), physiotherapist, scientist, social worker, software engineer, solicitor, teacher, welfare officer; those usually responsible for planning, organising and co-ordinating work or finance.
7. Intermediate occupations include: call centre agent, clerical worker, nursing auxiliary, nursery nurse, office clerk, secretary.
8. Routine and manual occupations include: electrician, fitter, gardener, inspector, plumber, printer, train driver, tool maker, bar staff, caretaker, catering assistant, cleaner, farm worker, HGV driver, labourer, machine operative, mechanic, messenger, packer, porter, postal worker, receptionist, sales assistant, security guard, sewing machinist, van driver, waiter/waitress.
9. The 'prisoner' occupation category has been introduced for collections from 2009/10 onwards in an effort to reduce the number of clients recorded under 'unable to code.' With the exception of prison staff, clients treated in prisons should all be recorded as prisoners.

For further assistance in determining socio-economic classifications please see the flowchart below. If you are still unable to establish this, please record as unable to code.

